SINAL DO VALE

REGENERATIVE JOURNEYS

IMMERSIVE EXPERIENCES TO REGENERATE LEADERSHIP AND TEAMS

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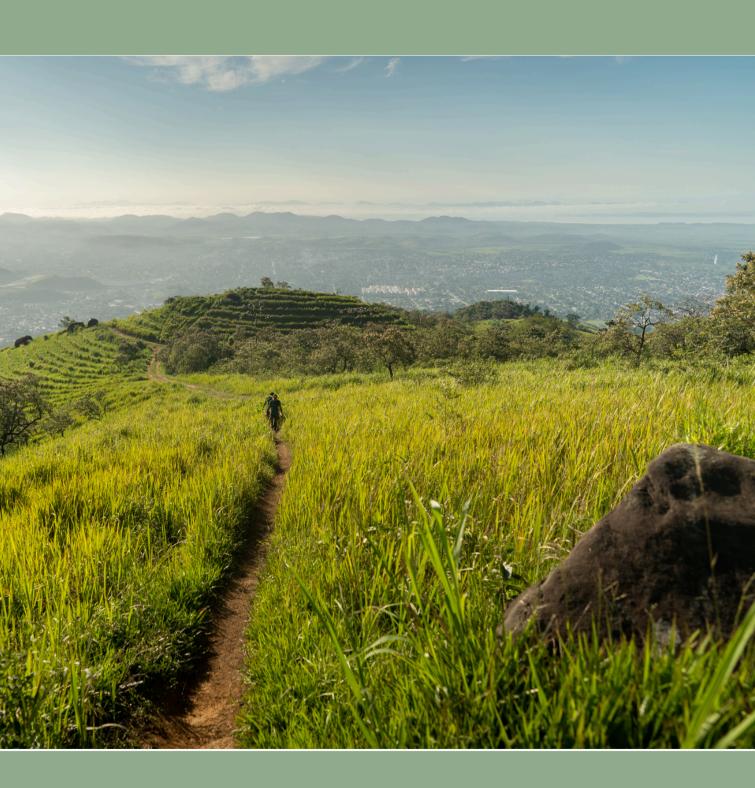


- INQUIRE AND BOOK
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IN THIS BROCHURE





WELCOME TO SINAL DO VALE



just 45 mins from Rio.

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Sinal do Vale offers immersive experiences to spark innovation and transformation, nurture wellbeing and showcase regeneration, nestled in the Mata Atlantica forest,

ABOUT SINAL DO VALE



A HISTORY OF IMPACT

SINAL has evolved over the past 14 years from a living laboratory for small experiments to a campus focused on developing and expanding a bioregional economy for people and our planet.

A HUB FOR CHANGE-MAKERS

Since 2011, Sinal has become an important hub for leaders and organizations. We have hosted 200+ retreats with high-profile clients, includings SOMA, BMW Foundation, Biomimicry Institute, L'Oréal, Boticário Group Foundation, and the UN Decade for Ecosystem Restoration.

A UNIQUE LOCATION

The unique qualities and facilities of the 200 hectares SINAL campus enhance collaboration and engagement as well as stimulating ideas and projects. We have witnessed countless conversations take place and have seen the instigation of new partnerships and decisions beginning.



OUR FOUNDER

THAIS CORRAL

Thais Corral, the founder and director of Sinal do Vale, is a global activist, social entrepreneur and pioneer in placebased transformation and regeneration.

Thais is also **co-chair** of the Advisory Board for the United Nations Decade on Ecosystem Restoration. As a co-founder of WEDO (Women, Environment, and Development Organization), Thais helped bring women's perspectives and presence to the United Nations.

Thais is also an **advisor** to the World Future Council, which identifies and **promotes the best social and environmental policies for future generations.**





WE LIVE AND BREATHE **REGENERATION** AND **TRANSFORMATION** WE EMBODY ...transformation innovation ar collaboration WE PROTOTY

...and catalyse initiatives tha impact

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tion, nd n	in place-based social and environmental regeneration
YPE	WE ARE A NON-PROFIT
e at drive	100% of what we receive is reinvested in regeneration

OUR FOUR PACKAGES



We have **four packages** available for Corporate Teams and other groups interested in our experiences.

We offer customised experiences for each package and with the option to combine packages. Packages 2-4 also include the option to rent out our accommodation and facilities for day or overnight use.

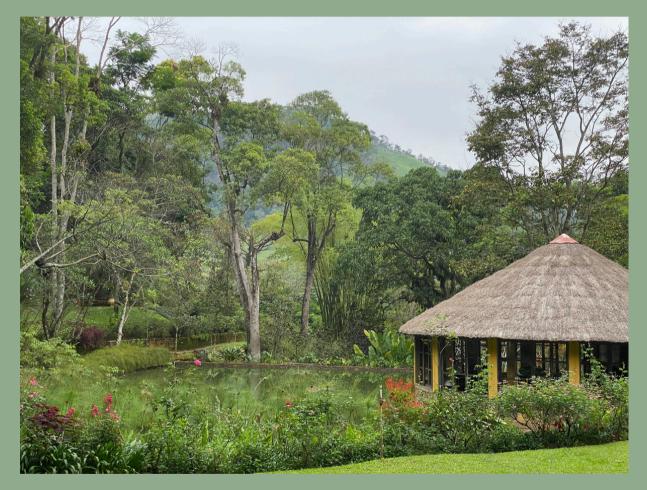
At the end of this brochure you will find our **booking form** and details to **contact us** with any queries and special requests to curate the experience you are looking for.

WE HAVE CAPACITY TO RECEIVE UP TO 50 PEOPLE, YET SOME ACTIVITIES WILL HAVE LOWER CAPACITY.

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RENTING FACILITIES



You can rent out the facilities and accommodations here at Sinal do Vale. Over time, we have regenerated a beautiful area with facilities that are perfect for gatherings, presentations and restorative activities.

The option to rent the facilities includes for day use only or overnight for several days. Catering will also be provided during your stay.

Participants are able to explore and use other areas of the SINAL campus, including the Bamboo Forest, saunas, natural swimming pools, Vitality Tent and Sunset Point.



REGENERATION & TRANSFORMATION



This package is for those looking to explore regenerative practices, businesses, and solutions. Whether you work in sustainability or simply seek to 'regenerate' how you operate, we offer both education and real-world examples drawn from SINAL's lived experience.

The offerings can include:

- about business models.
- Vale da Estrela.
- Tree nursery, planting, reforestation workshops
- Bioconstruction workshop



• **Regeneration Presentation** on SINAL's Theory of Change, impact and initiatives to share key learnings for other organizations about ecosystem and social regeneration. • **Regenerative Economy Workshop** with local entrepreneurs to inspire new thinking

• Sinal Do Vale Campus Tour demonstrating the our work and impact in regeneration. • Bioregional Regeneration Field Case immersing you into the Reconcavo Da Guanabara Bioregional Regeneration Initiative, led by SINAL, through visiting the

NATURE & WELLBEING



expressed in a healthy planet.

Activities offered can include:

- Yoga, meditation and breathwork Taketina
- Sound healing
- Clay work
- Forest immersion
- Permaculture Mandala Tour
- "Boteco da Floresta" Night Party



This package is designed for those looking for a restorative and revitalising environment. The activities focus on promoting wellbeing and strengthening connections with each other and as a team. Here we also promote a deeper connection to nature as we believe our wellbeing is

- Jackfruit Madre Frutos experience
- Guided hike to Rio View and the start of our new Caminho do Recôncavo

LEADERSHIP DEVELOPMENT



This package is for leaders looking to reimagine how they lead and create meaningful change. It offers a deep dive into innovative leadership approaches that activate inner wisdom, foster resilience, and unlock new ways of solving complex problems and creating solutions.

The package can include:

- interconnectedness of today's challenges.



• Leadership immersion workshop with our founder and regenerative entrepreneur, Thais Corral, tailored to your unique challenges, helping you cultivate clarity, vision, and purpose-driven leadership.

• Regenerative leadership workshop, lead by Thais Corral, introduces a transformative approach to leadership rooted in systemic, long-term thinking-working with, rather than against, the complexity and

COMPANIES WE WORKED WITH



BMW Foundation



Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH



PLUS MANY MORE...

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TAKE YOUR NEXT STEP

BOOK YOUR EXPERIENCE

Click the below button to complete the inquiry form.

INQUIRE NOW

CONTACT US

If you have any questions, please get in touch: hospitalidade@sinaldovale.org +55 (21) 99104-0433

THANK YOU

We look forward to having you here at SINAL.









O @sinaldovale